# The Sorrowful Mysteries

(Tuesdays, Fridays, and daily from Ash Wednesday until Easter Sunday)

#### First Sorrowful Mystery – The Agony of Jesus in the Garden of Gethsemane

We desire courage, humility, true conversion and true repentance for our sins:

# Second Sorrowful Mystery – Jesus is Scourged at

#### the Pillar

We desire the grace to avoid sins of the flesh and a spirit of humility and mortification:

# Third Sorrowful Mystery - Jesus is Crowned with

#### Thorns

We desire the grace to avoid sins of the mind, moral courage and a spirit of humility and repentance:

#### Fourth Sorrowful Mystery –Jesus Carries His Cross

We desire the virtues of patience, perseverance and love of the cross, that we may follow you Jesus; with courage and a humble heart:

# Fifth Sorrowful Mystery - The Crucifixion of Jesus

We desire the grace of final perseverance, trust in Your presence and protection in the hour of our death and through Your Divine Mercy and the intercession of Your most Holy and Immaculate Mother, our Mother of Salvation, may we be accepted into eternal life:

#### The Joyful Mysteries

(Mondays, Saturdays, Sundays of Advent, and Sundays from Epiphany until Lent)

# First Joyful Mystery – The Annunciation of Gabriel

#### to the Virgin Mary

We desire love of humility, self-denial and purity of mind, heart and soul:

#### Second Joyful Mystery - The Visitation of Mary to

#### Elizabeth

We desire charity toward our neighbor without judgement and condemnation:

#### Third Joyful Mystery - The Birth of Jesus

We desire love of God and give heartfelt thanks for all the gifts and blessings bestowed on us:

#### Fourth Joyful Mystery – The Presentation of the Infant Jesus in the Temple

We desire a spirit of sacrifice and obedience to the Commandments of God and His most Holy Will:

# Fifth Joyful Mystery – Finding the child Jesus in the

#### Temple teaching

We desire zeal and a Holy Fear and love for the Glory of God and acceptance of His Holy Will:

#### The Luminous Mysteries

(Thursdays)

# First Luminous Mystery – The Baptism of Jesus in

#### the River Jordan

We desire grace o Holy Spirit that we may always watch for Your light, listen to Your voice and follow Your gracious inspirations all the days of our life:

# The Second Luminous Mystery – The Wedding at Cana, Christ revealed in the changing of the water into wine

We desire conviction and trust in the great miracle of Your Five Wounds, the shedding of Your Precious Blood, Your open Side and Stricken Heart from which all Mercy pours forth:

# The Third Luminous Mystery - The Proclamation of the Kingdom of God

We desire grace O Holy Spirit to proclaim Your Gospel and to say to You always and everywhere, "Speak Lord Your servants are listening:"

# The Fourth Luminous Mystery - The transfiguration of Jesus on Mt Tabor

We desire never to grieve You by unfaithfulness to grace and we pray with all our hearts Jesus, to be kept from the smallest sin against You:

# The Fifth Luminous Mystery – The last Supper, the Institution of the Holy Eucharist

We desire Jesus, that You fill our souls with Your Divine Presence, open our hearts and souls and sanctify us when we receive the great gift of the Holy Eucharist:

# The Glorious Mysteries

(Wednesdays, and Sundays throughout the year)

# First Glorious Mystery - The Resurrection of Jesus

We desire a strong faith in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sin, the resurrection of the body and life everlasting:

# **Second Glorious Mystery - The Ascension of Jesus**

We desire the virtue of hope for the forgiveness of our sins and to enter eternal life:

# Third Glorious Mystery - The Descent of the Holy Spirit at Pentecost

We desire zeal for the Holy Spirit, the virtues of humility and discernment and the Glory of God:

#### Fourth Glorious Mystery - The Assumption of Mary into Heaven

We desire the grace of a holy and happy death through the intercession of the Immaculate Heart of Mary, our Mother of Salvation:

# Fifth Glorious Mystery - The Coronation of Mary as Queen of Heaven and Earth

We desire a great love, obedience and a profound commitment to praying the most Holy Rosary of the Blessed Virgin Mary, our Queen and Mother of Salvation